

From: The Bitter Melon Council

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Bitter Melon Delight

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Ingredients:

1 Bitter Melon (seeded and sliced)
2 Eggs
3-4 pieces of Bacon
½ tsp. Garlic
1 tsp. thin Soy Sauce
Pepper

Directions:

Beat eggs and stir fry with Bitter Melon, bacon, garlic, and soy sauce. Add a dash of pepper to taste.

This is a traditional Thai dish. It can also be prepared without bacon.